



the gift of life

Recommended Packing List/Manifest/Customs Form

Essential Items	✓	Children (General)	✓	Kitchen	✓	General	✓	Shelter	✓
Bucket (1)	✓	Modelling Clay (1 pkt)				Torch LED (dyno)		Clothes Line (30m)	
Filter Unit (1)	✓	Coloured Pencils (Pkt 10)		Spoons (5)		Tape Measure (1)		Pegs (pkt of 36)	
Survival Bags (2)	✓	Paper (1 equiv. A4 pad +)		Serving Spoon King Size (1)		Sewing Thread (1 pkt)		Hammer (0.5 kg)	
Large Cooking Pot (8 L)	✓	Pencils (pkt 10)		Cups/mugs (5)		Needles (1 set)		Packs of nails (500g)	
Tarpaulin (2.7m x 3.6m)	✓	Cagoules (2)		Plates (5)		Candles (1 pkt of 5)		Pliers (1)	
Bowls (5)	✓	Clothes (Miscellaneous – no more than 3 items)		Scissors (1)		Matches (2 boxes)		Folding Knife (1)	
				Can Opener (1)		Garden/Rubble Sacks (1 pkt of 10)		Garden Wire (1 roll 2mm)	
				Food Bags (1 pkt-25)		Ball of string (1)		Screwdriver + (1)	
				Kitchen Knife (1)		Insulation Tape (20 m x 2)		Matching Screws (1 box)	
						Towels (medium) (x 2)		Trowel Brick (0.5)	
						Cotton Sheeting (2m ²)		or Gauging trowel	
						Reading Glasses (1 pair)		Bungees (1 pkt 40 inch)	
								Saw (1)	
								Nylon Ties (1 pkt)	
								Strapping Tape (1 roll)	
								Shopping Bag (1)	
								Folding Pick Axe (1)	

Hygiene	✓	Children's Toys (1 or 2 items per box)	✓	Baby	✓
Toothpaste (2 x 125g)		Frisbee OR Skipping Rope OR Yoyo		Feeding Bottle (1)	
Toothbrushes (5)		(only 1 of each in every 10 th box)		or Drinking Mug	
Carbolic Soap (3)		Dominoes		Vaseline (225g)	
Soap Tablets (3 or 4, depending on supply)		Tennis ball (1)		Safety Pins (1 pkt)	
Antiseptic Cream (1x30g)		Small toy		Tea Towels; (twin pack)	
Cotton Wool (1 pkt)		Pens (pkt 15 x 1)		Terry Towelling	
Bandages (1 pkt)					
Fabric dressings (0.5m)					
Razors (1 pkt of 18)					
Sanitary Pads (1 pkts)					
Hairbrush (1)					
Comb (1)					

Packer:	Name	Signature	Address:
Sponsor affiliation:			P.O. Box 5398, Matlock, Derbyshire, DE4 4ZP
Aquabox Contact:	Tel/Fax: +44 1629 825178	Email: enquiries@aquabox.org	